

CASE for Kids

Workshop Schedule
May 2018

Center for Afterschool, Summer and Enrichment for Kids

Healthy Out-of-School Time

Friday, May 11, 2018
9:30 a.m. - 12:30 p.m.
6005 Westview Dr.
Houston, Texas 77055

Workshop fee: None

To register, go to hcde-texas.org/register and search by workshop number 11988

The research in out-of-school time has proved that students who get the nutrients they need and stay physically active are better learners, stay on task and have better attendance. Come discover how your OST program is positioned to play an essential role in impacting the health and wellness of the students you serve. You will learn about the Center for Disease Control and Prevention's Whole School, Whole Child, Whole Community Model; where OST fits into the model; and the impact your program can make in collaboration with schools. We also explore national healthy eating and physical activity standards and how your OST program can set the foundation for implementing policies and practices that support these standards.

Fencing 101 for Afterschool Programs

Saturday, May 19, 2018
9:30 a.m. - 12:30 p.m.
Bayou City Fencing
4997 West Bellfort
Houston, Texas 77035

Workshop fee: None

To register, go to hcde-texas.org/register and search by workshop number 11944

Have you ever had the opportunity to fence? Do you think your afterschool students would benefit from the opportunity? Then this is the workshop for you! You will have the chance to explore the history of fencing, learn warm ups and fencing basic footwork you can share with students, as well as fence! CASE for Kids will have materials you can borrow to bring fencing practice to your program. Fencing promotes intellectual development as it challenges students to think strategically and solve problems in action.

About CASE for Kids

CASE for Kids services improve program quality and equalize access to afterschool, summer and enrichment opportunities – because what happens between school and home matters. To learn more about CASE for Kids services, visit www.afterschoolzone.org