



GREATER HOUSTON LIGHTS ON ALLIANCE

The Greater Houston Lights On Alliance invites you to share in the celebration of **Lights On AfterSchool (LOAS)** on October 20, 2016. LOAS is an event observed nationwide to call attention to the importance of after-school programs for America's children, families and communities.

Lights On! Afterschool 2016 Kickoff Activities

Please join us in this vital effort to “**Turn the Lights On After-School!**” by hosting an awareness event at your campus leading up to and on October 20th. Use this time to reach out to your community and showcase why after-school programs are essential to the success of Houston's youth and families. On the big day, roll out the red carpet and invite your parents, community partners to visit the stars of the program – our YOUTH!

Week 1: October 3 – October 7: Get Healthy!

- Introduce nutrition and healthy choices to your students.
- Provide a fun healthy food project for snack.
- Have students research nutritional information on their favorite foods.
- Have a Zumba, hip-hop, or yoga instructor host a class for the students.

Week 3: October 10-October 14: It's all about STEM!

- Try coding! Visit coding.org for ideas.
- Host a robotics demonstrations for the youth.
- Go to nasa.gov and download a lesson.
- Ask students to research the founders of Apple products, HP products and/or Microsoft.

Week 4: October 17-October 21: Youth Voice for After School!

- Create an obstacle course or have a health fair for the community.
- Have your students create a “Top Ten Reasons Why My After-School Program Rocks” list that explains why after-school is important. Display this list to bring awareness.
- Send letters to the editor of your local newspaper highlighting the need for after-school programs.
- Showcase all that you have created and learned throughout the month in conjunction with your grand LOAS event.
- Have your students write letters to the future president about the importance of afterschool programs and investments.

Programs are encouraged to register their event and download free resources at www.afterschoolalliance.org, post on our local Facebook page [Lights On Afterschool Houston](#), tweet using [#fliptheswitchHOU](#) or email for more information lightsonafterschool@hcde-texas.org

